

Stressed-Out Students

Understanding the Impact of Anxiety on Motivation and Learning

WHEN

Tuesday, May 21st 2019
7:00PM

WHERE

Center School
Cafeteria/Auditorium

Today's children and teens are experiencing more stress and anxiety than ever before, which is concerning due to the detrimental impact that anxiety can have on academic, social, and daily life. In this workshop, we will address:

- ◆ What is the difference between stress and anxiety, and what does anxiety look like?
- ◆ How does anxiety function and connect with attention and executive function?
- ◆ How does anxiety impact motivation?
- ◆ What are some general strategies for supporting these needs in students?

There will be some time for specific questions from the audience.

Dr. Currie is a pediatric neuropsychologist at NESCA in Londonderry, NH and Newton, MA, where she conducts neuropsychological and psychological evaluations. She enjoys working with stressed-out children and teens, working to tease apart the various factors that may be leading to their stress, such as underlying learning, attentional, or emotional challenges. Dr. Currie particularly enjoys working with the seemingly "unmotivated" child, as well as children who have "flown under the radar" for years due to their desire to succeed.

This event will be broadcast by Stow TV. A recording will be available following the presentation

PRESENTED BY
NASHOBA SEPAC

PRESENTERS
Angela M. Currie, Ph.D.



QUESTIONS?
Contact Nashoba SEPAC at
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OPEN TO ALL

JOIN US
Membership open to all interested in supporting students in the Nashoba Regional School District who receive special education services.

